

Fighting

# HUNGER

Feeding Hope.



From the CEO  
**Dennis J. Cullinane**

I've always regarded my annual letter as one of the most difficult that I write. Here at the East Texas Food Bank, a retrospective look on the year that has just past always brings bittersweet emotions.

As with any strategic effort, we look for our accomplishments only to realize the ever painful experience that lies behind the need that we are trying to fill. More and more we are finding that our mission is at the intersection of hunger and health.

Here in East Texas approximately 473,000 people are at risk of hunger – 39% of our population. Our food insecurity rate is the second highest of all the Feeding America member food banks in Texas. Behind these numbers lie the painful coping strategies employed by our families such as stretching their food dollars by purchasing inexpensive, filling foods that are rich in calories yet poor in nutritional value. Additionally, when struggling with hunger, people are compelled to over-eat these foods in compensation for the times when they have none. This behavior creates a cycle of food insecurity that leads to increased health complications such as obesity, high blood pressure and diabetes. These are alarming facts that will eventually affect us all by the serious pressure it places on the cost of healthcare.

That was the bitter part. The sweet part is witnessing that the passionate work being performed by our staff and over 200 partner agency programs is making a difference. Since the inception of the current strategic planning cycle five years ago, we have increased our meal distribution by over 22%, kept our cost of distributing a meal at an all-time low while distributing a nutritious mix of product that is one of the highest in the Feeding America network.

We simply cannot provide the additional meals that are needed without your help. We have so much work left to do and we need your endearing support to maintain the supply of fresh produce, high quality protein and low fat grains in our system. With you, we can solve hunger and move towards our vision of A Hunger-Free East Texas.

Kindest regards,

## East Texas Food Bank

### FACTS:

East Texas Food Bank has been feeding the hungry since **1988**

Headquartered in Tyler, ETFB has a storage facility that is over **75,900** square feet

ETFB serves nearly **200** Partner Agencies in **26** East Texas Counties, covering over 20,000 sq. miles

ETFB provided **22.4 million** meals in FY17

In East Texas, approximately **473,000** people are at-risk of hunger

During 2017, over **10,000** volunteers donated over **60,000** hours, saving a direct labor cost expense of approximately **\$1,413,600!**



*“I used to be the one donating food. Now it's my turn to receive. The first time I received a basket of food, I cried. It meant a lot to me and to my family.”*

Olga





## HOW WE HELP

In East Texas, approximately 473,000 people struggle with hunger. Today, the need is great, but there is hope. The East Texas Food Bank is here to **help**.

Throughout our 26-county service area we have a network of partner agencies and anti-hunger programs that support our mission to Fight Hunger and Feed Hope in East Texas.

Highlights from our work in fiscal year 2017 are listed at right.

## Partner Agencies

Churches, Shelters, Food Pantries, and Soup Kitchens helped in providing more than **22.4 million meals** to East Texans throughout our 26-county service area.

## Fresh Produce Program

In 2017 the East Texas Food Bank sourced and distributed more than **6.7 million pounds** of fresh, nutritious fruits and vegetables to the people served in our 26-county service area. In the two years since its inception, more than **12.8 million pounds** have been distributed.

## Child Hunger Programs

Worked to provide **504,000 meals** for **11,500 hungry children** in East Texas through our Backpack, Afterschool Snack, Kids Cafe,<sup>®</sup> and Summer Food Programs.

## Senior Box Program

Provided boxes of groceries each month to food insecure seniors living on a fixed income. In 2017, we distributed **857,000 pounds** of food to an average of **2,700 seniors**.

## Mobile Pantry Program

**1 in 5 people** in our rural communities face hunger and have little or no access to emergency food when financial hardship strikes. In FY2017, the Mobile Pantry Program delivered non-perishable food to more than **4,000 individuals** in ten rural communities. The goal is to work together to develop a fully operational food pantry within two years as a resource for those in need within these communities.

## Nutrition Education Program

Food insecure households can be caught in a vicious cycle connecting poverty, poor health, and food insecurity. In FY2017, The Nutrition Education Team delivered direct education to almost **2,000 individuals** through Cooking Matters classes, workshops, food demonstrations and health fairs. Our Nutritionists created and distributed approximately **9,000 nutrition education flyers** through backpack, senior box and mobile pantry distributions. They also promoted the development of healthier pantries by offering more nutritious foods and teaching clients the importance of making healthy food choices.

## Benefit Assistance Program

Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to approximately **200,000 low-income children, families, and seniors** in our service area. Through our Program, we assisted over **3,000 individuals** submit SNAP applications in FY2017, resulting in **4.3 million** meals.



*“If we didn’t have this food, there would be no hope. Knowing we can come to a pantry and get food means a lot. At least we know we’ll have a meal ahead of us and food we can fix.”*

Becky



# 2017 SOURCES OF FOOD

The East Texas Food Bank works hard to source nourishing food for the over 250,000 individuals we serve. This food comes from diverse channels including farmers, manufacturers, packers, distributors, wholesalers, restaurants and community members who hold food drives.



USDA Commodities .....24%	Food Purchased .....15%
Retail Grocers .....23%	Other .....13%
Produce.....23%	Food Drives .....2%

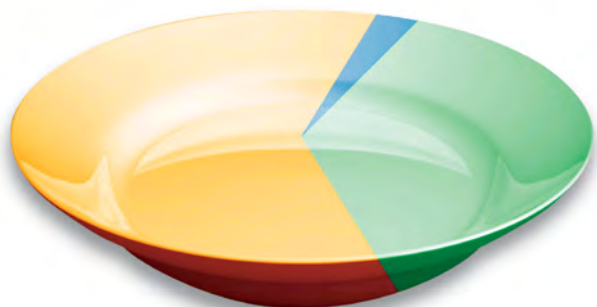
## Meals Provided



## PARTNER AGENCIES

The East Texas Food Bank supplies food to such nonprofit organizations as food pantries, senior centers, shelters, after-school programs, soup kitchens, low-income day care centers and others.

Our 200 partner agencies then serve these foods to individuals who come to them for help.



Child / Senior Hunger Programs .....240
Food Pantries.....137
Soup Kitchens / Onsite Feeding .....16



## Where Our Funding Came From FY17

### Support and Revenues

Support		Percentage of Total Support & Revenues
Donated Foods	\$23,392,910	66.21%
USDA Commodities	\$3,225,015	9.13%
Contributions	\$3,637,334	10.29%
<b>Total Support</b>	<b>\$30,255,259</b>	
<b>Revenues</b>		
Shared Maintenance	\$1,050,605	2.97%
Purchased Food Recovery	\$2,044,198	5.79%
Federal Grant Revenues	\$1,921,546	5.44%
Other Revenues	\$61,871	0.18%
<b>Total Revenues</b>	<b>\$5,078,220</b>	
<b>Total Support &amp; Revenues</b>	<b>\$35,333,479</b>	

## How Our Funds Were Used FY17

### Expenses

Programs and Services		Percentage of Total Expenses
Warehouse	\$2,038,808	5.86%
Food Distribution	\$29,608,609	85.07%
Programs	\$1,360,783	3.91%
Communications & Marketing	\$343,553	0.99%
<b>Support Services</b>	<b>\$676,179</b>	<b>1.94%</b>
<b>Fundraising</b>	<b>\$775,418</b>	<b>2.23%</b>
<b>Total Expenses</b>	<b>\$34,803,350</b>	

### Total Net Assets

Beginning of FY17	\$12,236,307
End of Period	\$13,005,841

## 2016-2017 Board Members

David Apperley

Carol Bradley

Herbert Buie

Edgar Burton

Kenneth Cobb

Jim Daughtry

Gregg Davis  
*Chair Elect*

Rick Ellis

John Gaston  
*Immediate Past Chair*

Verna Hall

Leslie Harrison

Diane Heindel

Ann Howell

Bryan Jacobe

Jay Jelinek

Kimberly Lewis

Jeff W. Johnston

Rosemary Jones  
*Secretary*

Bill Mohl

Cathy Schreiber  
*Treasurer*

Mark Scirto

Michael Stevens  
*Chair*

Howard Tagg

Bob Westbrook



## How Volunteers Help

The East Texas Food Bank's best work is only possible because of the dedication of thousands of people who together volunteer hundreds of hours of their time. Some of the tasks that volunteers perform include working in our offices, inspecting and sorting food items, repacking bulk food items into family-size bags, and packing boxes of food that are distributed to families and low-income seniors.

## How You Can Get Involved

### Give Time

Volunteers are a key part of operations at the East Texas Food Bank. We absolutely could not do it all without our volunteers! We welcome all volunteers at the Food Bank and have a variety of volunteer opportunities for individuals, families and groups.

### Give Food

The East Texas Food Bank welcomes food donations from our community members. Food drives are an excellent way for school groups, neighborhoods, corporations, churches, community groups and organizations to help us address the hunger issue in the 26 counties we serve. Food drives also help provide much needed protein items like canned tuna, other meats and peanut butter. We can make it easy for you to organize your food drive with signage, food barrels and pickup.

### Give Money

Every \$1 you give helps provide up to 8 meals for East Texans in need. Make a difference today!

### Become a Monthly Donor

Schedule a monthly gift to provide the support needed to each vulnerable East Texan year-round.

**Honor, Remember or Celebrate** someone in your life by making a gift to the East Texas Food Bank.

### Planned Giving

Show your commitment to hunger relief with a gift that reflects your values and meets your financial needs.

### Be Creative

From fundraising through your own personalized web page, the mail, or workplace giving; find the best way to give for you.

**FEEDING  
AMERICA**

**FEEDING  
TEXAS**

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**EastTexasFoodBank.org**

